

KARATEDO HONMA DOJO Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00–11:00am General Class Ages 5–16
					11:00–12:00pm General Class Adults
	12:30–1:30pm General Class Adults		12:30–1:30pm General Class Adults		
3:50–4:40pm Color Belts Ages 5–8	3:50–4:40pm White Belts Ages 5–8	3:50–4:40pm Color Belts Ages 5–8	3:50–4:40pm White Belts Ages 5–8	4:00–4:45pm Conditioning Ages 5–16	
5:00–5:50pm Color Belts Ages 9–16		4:00–4:50pm Color Belts Ages 9–16			
6:00–7:00pm Open Floor		6:00–7:00pm Open Floor		6:00–6:45pm Conditioning Adults	
7:00–8:00pm General Class Adults		7:00–8:00pm General Class Adults		6:45–7:15pm Flexibility Training Adults	

 Children's Class

 Adults' Class